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The Simple Economics of Screening Programs: An Application of Decision Analysis to Medical Screening

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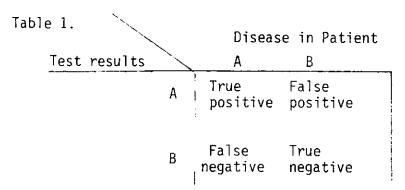
In the extensive literature on screening and prevention programs it is always implicitly assumed that selective screening on high risk patient groups, for those with coronary disease or breast cancer, leads to a significantly higher detection of true positives, and, therefore, entails a corresponding increase of the number of expected lives saved. Consequently, it is argued that this justifies increased costs of screening programs and related medical care. In this paper the value of a screening program is derived on the basis of decision analysis using as a single criterion mortality costs. The conclusion drawn suggests that increased screening costs could only be justified up to a certain qualified limit, but are not justified beyond this limit.

Suppose you consider two disease complexes A and B, A is a very serious disease, requiring careful monitoring and possibly elective surgery. B is far less serious that needs no further treatment but reveals similar symptoms as A. A screening program is defined as a set of tests conducted on the patient or class of patients that serves in finding unique identifications for patients having disease A.

The physician is considered to be a decision-maker or problem-solver who, to the best of his knowledge and to the availability of given medical technology, structures the decision situation in such a way that the best option is the one which minimizes expected mortality or morbidity considered as expected costs in the overall problem. Additional criteria could be meaningfully taken into account, and they would involve a weighting of multicriteria, but, for the sake of simplicity, we concentrate only on the unique criterion of mortality.

The screening program, consisting of a set of diagnostic tests, often applied sequentially, is considered to be a detection device for finding out whether the patient has disease A or B. We use 'tests' here in a general sense. They might consist of patient history, physical findings or laboratory results. They may be presented in a form suitable for computational purposes, see Ledley and Lusted (1961). In general, this detection device is imperfect, i.e. error-bound, so that we are left with asking questions about the reliability of the test(s). For this purpose we could set up a Test-Reliability

Matrix for our simple problem



Here the entries in this table, read along the first or second row, respectively, could be interpreted as:

First row: 'Test results indicate disease A and the patient has disease A'

'Test results indicate disease A and the patient has disease B'

Second row: 'Test results indicate disease B and the patient has disease A'

'Test results indicate disease B and the patient has disease B'

Since by nature of the problem A is far more serious than B, ensuing a substantial higher cost in terms of mortality or morbidity therefore requiring immediate action on the physician's side, the Test-Reliability Matrix reflects this view in the naming of the entries. (In the case A has been ruled out, one could set up another table comparing B with C, etc. so that the disease with highest priority, requiring most medical attention, is taken proper care of.) Of particular concern here are those patients who on the basis of the test results will be treated on the false disease (false positives) and those for whom the results missed the true disease (false negatives). Suppose then on the basis of these tests, for diseases A and B, completely different therapies, T_1 and T_2 , are suggested, for instance T_1 may involve surgery for constraining stomach cancer, T_2 is a mild drug treatment for treating a nonmalignant tumor. Suppose further we have sufficient statistical evidence on therapies T_1 and T_2 with regard to mortality costs, we could set up an outcome table on the decisions (costs) of treatment T_1 and T_2 .

Table 2. Outcomes of decisions (costs) measured by mortality per 1000 patients

	Dise	ease
Treatment	A	В
т ₁	1.50	.70
т2	30	0

The numbers in the entries, used here only for illustrative purposes, are collected statistically for a sufficiently long period of time. But for more practical reasons it might be advisable to decompose the data according to patient groupings pertaining to age or specific environmental conditions. Different groups such as old vs.young, or men vs. women may have quite distinct mortality costs, and the overall aggregate average cost matrix may not be applicable to group specific circumstances. For collecting enough group specific, disaggregate data we may run into difficulties of sufficient data acquisition. In that case we may apply advanced statistical techniques (i.e. multiple regression analysis) for overcoming these difficulties.

For any action, T₁ or T₂, the average mortality cost, given as the expected value of mortality, can be computed after specifying the probability of each disease state, A or B. Unless one has a sufficient data base one often finds it difficult to calculate the probability of the disease state. In this case the physician is required to make an introspective judgment or reasonable guess and to come out with a subjective probability reflecting his professional judgment. Various methods to attain a subjective probability can be applied, see De Finetti (1972) or Gottinger (1979), in terms of betting quotients, or comparing disease states with events for which well-known (objective) probabilities exist.

Suppose the physician's prior probability of disease state A is P(A) = .05, and for B it is P(B) = .95. Then, on the basis of Table 2, we compute the expected value of decision:

$$EV(T_1) = .05 \times 1.5 + .95 \times .70 = .075 + .665 = .74$$

 $EV(T_2) = .05 \times 30 + .95 \times 0 = 1.5$

Clearly, the action with lowest average mortality cost is best.

The computations show that if you want to make a <u>terminal</u> decision or equivalently, if the costs of gaining information about specifying P exceeds the benefit of this information, for patients with .05 probability of having disease A it is better to apply T_1 than T_2 .

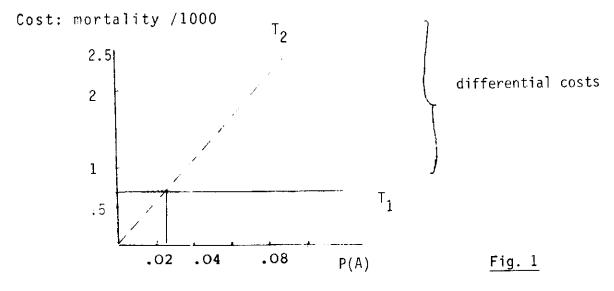
In fact, looking at the average mortality costs, T_1 costs .74/1000 in mortality, but T_2 costs 1.5/1000 in mortality. This is so because the consequence of applying T_2 if A is true is severe enough to outweigh its small probability. (The underlying assumption is that 'waiting three months' or 'adopting a mild drug treatment plan' substantially decreases those patients' survival chances with disease state A).

As we can summarize, at this point, the best decision depends on the probabilities of the various disease states and on the costs of mortality associated to the given diseases. By fixing the mortality rates, one can easily determine the <u>threshold probability</u> at which point it becomes advisable to switch from strategy T_2 to strategy T_1 . The threshold probability can be calculated as follows:

$$EV(T_1) = P \times 1.5 + (1-P) \times .70 = .70 + .80P$$

 $EV(T_2) = P \times 30 + (1-P) \times 0 = 30P$
Equalizing, $EV(T_1) = .70 + .80P = EV(T_2) = 30P$,
yields $P = .024$

Costs of mortality depending on threshold probabilities



One can simply interpret this figure along the following lines. We graph the mortality costs of T_2 (dashed line) and T_1 (solid line) as a function of the probability of A. If there is no chance of A occurring, there is no cost to T_2 , but there is always a cost to the more severe treatment T_1 . (If T is not considered as a treatment, but as yet another test it could be understood that applying the test itself affects the mortality rate. Suppose that in the case of breast cancer, screening for women mammography is generally applied. Then the additional risk for applying mammography for a particular patient group is reflected in its impact by increased mortality costs and therefore could be fit into this framework).

But to the extent that A becomes more likely, the tT_2 -strategy' quickly becomes more dangerous. Up to the threshold level one should adopt a 'wait strategy', above this level one should switch to a more radical

therapy. Costs and probabilities obviously are interdependent. If you vary the costs in terms of probability, you correspondingly shift the threshold probabilities.

Recalling that a screening program consists of a sequence of tests to be performed, it appears as common sense reasoning, that under ideal circumstances a diagnostic test should show those persons or population groups to have the disease who actually have the disease. In other words, the best that any screening program can do is to correctly classify all patients. Since this requirement can be fulfilled only under exceptional, ideal circumstances, we could consider this state as our reference system and set out to enquire about the costs that obtain in such a system. It is clear that the costs in such a system cannot be decreased, given the present level of medical technology and medical knowledge. Since the value of a perfect screening program is the one that diagnoses a high risk factor group correctly and consequently leads to an adequate therapy, one would be interested in the value of information that minimizes diagnostic mistakes emanating from any screening program, coming close to a perfect screening program.

In other words, by improving the diagnostic-treatment situation one asks how much is more information worth?

By referring to Table 2 a perfect screening program yields mortality costs by computing

$$EV(T_1 \mid (perfect screening)) = P \times 1.50 + (1-P) \times 0 = .05 \times 1.50 + .95 \times 0 = .075$$

as compared to

$$EV(T_{1} \mid (\text{no screening})) = .05 \times 1.50 + .95 \times .70 = .74$$

In verbal interpretation, applying T_1 in case of perfect screening kills only .075/1000 of the population, an unavoidable cost, whereas applying T_1 given no screening kills .74/1000. This means that the cost of action in the light of perfect information is roughly ten times less than the cost associated to the best action on undifferentiated patients (apply T_1 to everyone). The expected value of perfect information, therefore, is equal to the difference of these two, since the mortality cost of .075/1000 appears unavoidable unless better methods of treatment are available.

To emphasize the point of optional treatment with or without screening on patient groups, we shall rewrite costs for each disease state in terms of regrets caused by mistakes. (To set up a regret matrix is a familiar procedure in statistical decision theory).

Table 3. Outcome expressed as differential mortality cost per 1000 (regret) due to improper treatment

	Disease in	patient
Treatment	A	В
т ₁	0	.70
т ₂	28.50	U

The number 28.50 in the lower left entry of the matrix comes from 30/1000, the costs of a 'wait strategy', minus 1.50/1000, the costs of the only correct treatment, T_1 . The upper left hand entry gets zero, since the action is correct. The upper right entry remains as it is, since the cost of the correct action, T_2 , (to be deducted) is zero.

Up to now we considered only the value of perfect screening as compared to no screening at all, taking the unavoidable mortality costs of a correct treatment as a basic reference point. The situation where perfect information can be acquired is rare, whereas partial information is often obtainable. Nevertheless, the expected value of perfect information is useful because it provides an upper bound to that for partial information. Therefore, more generally, we could exhaust the whole spectrum on evaluating different screening programs and figuring out the value of information in terms of mortality costs. It should be obvious that a crucial point in comparing these programs is the validity of their test results, that is the degree of accuracy according to which these tests identify and classify the correct disease-state patients.

Consider only a possible result of test validation for illustrative purposes.

Table 4.	Test validation				
		Disease in patient			
	Test results	A	В		
	ł				
	Α	.8	.1		
	В	.2	.9		

Such numbers might be obtained by collecting data on a series of patients who are all given the test, and then later investigated to see whether they really had the disease or not. Unless a representative sample of them can be autopsied, there may be problems with this test verification.

(The above table suggests that sensitivity of the test is .8, and sp ecificity of the test is .9).

Now, how do test results affect estimates of the probability of disease? Bayesian statistics provide techniques for revising initial or prior probabilities in the light of new information. The information must be new to have any effect. In statistical analysis, the events are said to be independent if information about the occurrence of one event does not change our estimate of the probability that the other event occurred.

Independence of medical evidence is hard to judge, to estimate whether two tests are really independent in their predictions, one may have to collect substantially more cases. Sometimes there may be theoretical reasons to believe tests are independent - one may be biochemical, and another anatomical. Bayes'theorem weights prior probabilities by their likelihood, it follows from the definition of conditional probability. The conditional probability of A given that the test indicates A is defined by

$$P(A|Test = A) = \frac{P(A \text{ and } Test = A)}{P(Test = A)}$$

i.e. is defined to be the probability of both A and a true A-test result divided by the total probability of a positive A test result. In the numerator, we see the effects of our hypothetical test on patients .05 of whom are assumed (\hat{a} priori) to have A. The test identifies 80% of them correctly,so .05 x .8 = .04 are identified correctly as having A by the test. Also in the denominator are the 10% of B

falsely called A by the test. The test will say that $.05 \times .8 + .95 \times .1 = .135$ have A, and .04/.135 = .296 of those so identified really will have it.

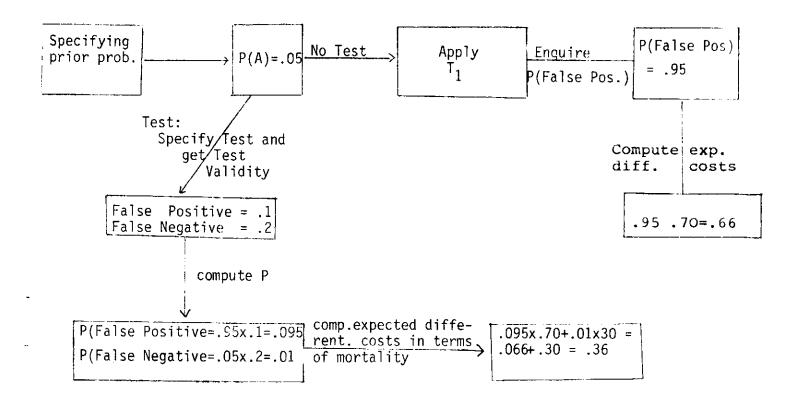
A similar calculation shows, namely

$$P(A|Test = B) = \frac{P(A \text{ and } Test = B)}{P(Test = B)} = \frac{.05 \times .2}{.05 \times .2 + .95 \times .9} = .012$$

that only .012 of those the test says have B will have A. The test has split the formerly homogeneous group of patients, each of whom pretended to have a 5% chance of A, into two distinct groups. One group has an almost 30% chance of A, and the other about a 1 % chance of A.

Let us see how we could assemble the various bits of information contained in Bayes' theorem: the differential cost (regret) matrix and the test validity data, forming the likelihood, to construct the value of a test represented only by a single criterion, the mortality rate. In general, the value of the test is simply computed by subtracting the average costs of the best action before the information of the test is available, from the best action afterwards.

Table 5. Flow-chart



These computations presented in a flow-chart form use the added costs of mistakes over correct actions in the differential cost matrix.. Applying T_1 immediately kills .70/1000 of those having B. Given the prior probability on B the expected additional mortality without the test amounts to .095 x .70 = .66. After the test only 10% of these are subject to T_1 -treatment, whereas 20% of the true A cases wait, for a differential cost of .36. The test has saved exactly .30/1000 deaths. Unless the test itself kills more than that, it is justified by using reduction of mortality as a single criterion. (It may not be justified by a different criterion, e.g. resource costs associated to the test but this could be determined only by an appropriate benefit cost calculation of the test.)

In principle, the same computations go through in a sequence of tests making the entire screening program. Suppose one wants to improve the results in a further reduction of mortality by taking the latest test as a reference point. The only thing that changes is to replace the prior probabilities by posterior probabilities – computed according to Bayes' theorem on the basis of the previous test results. Of course, one has to take care of a strict statistical independence assumption by conducting the tests. If it turns out, say, that the subsequent test yields a differential cost of .20, as compared to the first test of .36, then the subsequent test is worth at most .16 in mortality. Suppose, then, without loss of generality, a screening program consists only of these two tests. Then the value of the screening program is the sum of the value of each of the two tests, applied independently and sequentially, e.g. .30/1000 + .16/1000 = .46/1000.

If besides mortality, there is a serious consideration by the medical decision maker of taking into account resource costs generated by the screening program, then this could be achieved by letting the consumer (patient) determine his <u>willingness</u> to pay for the unit monetary cost of the test in exchange for a reduction of mortality. From decision theoretic principles we know that if someone has a 1 in 1000 chance of having a life-threatening problem, he might be willing to pay a certain amount to find out.

In fact, J.P. Acton (1973), by using this methodology as originally proposed by T.C. Schelling (1968), worked out a refined catalogue of questionnaires that inquired about people's preferences with regard to various public programs including a screening-monitor-pretreatment program for heart diseases.

However, it appears as an immediate problem that consumers of medical care may not adopt this obviously rational approach, anxiety may prevent them to find out whether there is a medical problem that can be detected by screening.

In the sequel we deal with some important extensions and complications of the previous analysis.

(1) Test results out of screening programs may not be split into two categories, but instead may discretely range over several levels. Readings of biochemical levels might give rise to several, non-unique interpretations. The picture interpreted by a radiologist may present convincing, weak, confusing or no evidence of the disease in question. Suppose that the information in the patient's history and physical findings have been grouped into five categories, as shown in the next table.

Table 6. Disease Α Test results В .2 . 1 A likely .3 . 1 Non-conclusive .3 .3 B likely . 1 .2 В 0 .3

For instance, the category 'A likely' contains 30% of A cases and 10% of B cases.

If a test could provide that much of more detailed, refined information it should not be arbitrarily calibrated to two categories, calling the top two categories A and the bottom three B. It is important to report test information as precisely and completely as possible.

(2) As indicated previously, costs in health programs have a multicriteria representation, the investigation of single components may be only of limited value. For some diseases health costs are fairly easy to evaluate, long-range aftereffects are not too important. For cancer and many other diseases, other health costs must be considered. Suppose a breast cancer screening program screens women at 50, and saves 10 people who otherwise would have died at 55, extending their lives to 70.

On the other hand, suppose the radiation of testing causes 10 additional cases of cancer so that 10 people who would otherwise have died at 70, die instead at 65. The net change in mortality of the program is zero, but the net gain in years of life is 100. In such case you feel that years-of-life is a better measure of health costs than simple mortality. For cancer, in particular, quality-of-life is important. Healthy years are rated higher than low-quality years.

We can minimize either average immediate mortality costs, or average years-of-life costs or average resource costs. The best cost-minimizing action is different for different types of costs. Not all costs can be minimized at the same time. Thus, even the best treatment plan involves tradeoffs of one type of cost for another. This seems to be in accord with pursuing 'compromising strategies' by implementing screening programs, and, in fact, this is proposed by some researchers in the field (see L.E. Blumenson, 1977).

(3) If various categories of costs such as resource costs, disability days (a surrogate measure of years-of-life costs) and mortality are plotted against threshold probabilities of disease state A, on a continous scale between 0 and 1, the medical resource costs of a $\frac{\text{delayed T}_1\text{-treatment could amount to being only twice as high as a timely T}_1\text{-treatment, but according to Table 2 the mortality costs are 30 times as high. This is reflected by the fact that the probability of A for the minimum mortality costs is considerably lower than the probability point for the minimum resource costs. In other words, aggressive treatment costs money but saves lives.

In general, all the marginal cost curves rise sharply as the probabi-$

In general, all the marginal cost curves rise sharply as the probability of A increases. A T_1 -strategy is definitely indicated for high probabilities. All the cost curves decrease starting from probability zero. Excessive T_1 -treatment at low probability of a serious disease is expensive and dangerous. (In fact, this seems to support empirical findings that excessive surgery at low probability of serious diseases is likely to cost lives besides eating up a substantial portion of resource costs).

Suppose the physician chooses to reduce the threshold probability slightly (e.g. applying a T_1 -strategy on patients with slightly lower probabilities of A), he could save (say) 100 more lives a year at a cost of 10,000,000 monetary units and 50,000 disability days. Each life thus costs 100,000 monetary units and 500 days. Is this an acceptable price for a life saved? Now, if you think life is worth more,

you should choose a threshold probability point closer to the minimum mortality point. If you think the costs are too high, you should use a somewhat higher probability point.

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<u>Cost-Benefit Methodology in Medical Care: A Critique</u> of Recent Studies

The application of cost-benefit methodology to medical care services has come a long way from its first cautious steps in the late 1950s and early 1960s (see, for example, Fein 1958; Weisbrod 1961; Klarman 1965). In the early studies, benefits were measured by the change in a discounted stream of earnings caused by a medical care intervention.

Beginning with Schelling's seminal paper in 1968, economists began to realize that earnings as a measure of benefits was seriously defective (see also Taylor 1969). Subsequently, there has been widespread agreement that the proper measure of benefit is given by the utility a well-informed consumer receives from the intervention; empirically, this can be represented by the amount the consumer would be willing to pay for the intervention (or the amount the consumer would accept to forego it; if the willingness-to-pay and willingnessto-forego differ, a specialist should be consulted). Unfortunately, there has been no large-scale attempt to implement a willingness-to-pay measure, and existing studies (for example, Acton 1973) remain under a cloud of suspicion that consumers did not understand the questions and so did not give valid responses (Raiffa, Schwartz, and Weinstein 1976). Decision-theoretic approaches to diagnosis and treatment are in the same spirit as the willingness-to-pay approach in that they attempt to ascertain the patient's preferences for certain outcomes (Schwartz, et al., 1975; Pauker 1976). Decision analysis is especially useful when uncertainty is an important part of the problem. This prologue is relevant to the papers on computed tomography (CT) (Larson, et al., 1977), and X-ray for lower back pain (Rockey, et al., 1977), and the cost of rheumatoid arthritis (Meenan, et al., 1977).

I am delighted to see the awareness of costs that these papers evidence; I can still vividly recall discussing some years ago a decision tree for laboratory testing that a physician had drawn up; the tree omitted any reference to cost. When I pointed out that cost really belonged in the tree, the physician became indignant, arguing that only risk and value of information were relevant in medical decisions. Times

have certainly changed!

It is important to be clear about why one is interested in cost. Ultimately, one wants to make the most of society's scarce resources. CT and X-rays use resources that could have been used to produce other goods and services (or to reduce "bads" such as pollution). Such resource use shows up in an accounting framework as cost. Hence, the question comes: Is this the best use that can be made of these resources, the best that can be done for this cost? Such a question cannot be answered unless we can value outcomes or measure benefits.

In the measurement of benefits, I am afraid that some authors are showing signs of a syndrome noted by Oscar Wilde to afflict economists, who were said to know the cost of everything and the value of nothing. In the case of the paper concerning CT, the authors find that measures such as length of hospital stay and speed of work-up do not differ before and after the introduction of CT, and they therefore judge CT solely on whether it raises or lowers diagnostic costs. For two of the three diagnoses that they examine (suspected brain tumor and suspected hydrocephalus), CT lowered cost; for the third (suspected cerebrovascular disease), it raised it. Are we to conclude that CT should not be used in patients with suspected cerebrovascular disease? The authors think so: "However, for patients with suspected cerebrovascular disease, by far the most common inpatient neurological diagnosis, our studies suggest that CT does not have a beneficial impact on patient care and that 'need' projections should not include patients with this common diagnosis."

Are the authors right? Perhaps so, but there are signs of Wilde's Syndrome here. The authors note that there was a significant decrease in lumbar punctures in these patients, from around 25 percent to 10 to 15 percent. Would an informed consumer be indifferent between receiving CT and a lumbar puncture? I doubt it, since one can get a prolonged headache from the lumbar puncture and occasionably paralysis or meningitis might even occur. The proper question to ask is: Are informed consumers willing to pay the additional cost of CT for the

convenience of not undergoing a lumbar puncture?¹⁾ If the answer is yes, then CT should be used to diagnose suspected cerebrovascular disease. Moreover, some patients may and some may not; Pauker finds that patients differ in their preferences for possible outcomes of coronary artery surgery (Pauker 1976). Thus, in many cases, it may not be possible to make general statements.

An issue of benefit valuation also occurs in the study of X-rays for lower back problems. In this case, the authors look at measures of mean days lost and symptom status in a group of patients that received a spine X-ray and a group that did not. While these measures showed no difference, about 15 percent of the group that did not receive an X-ray was either unsatisfied or saw another physician; less than half that figure was unsatisfied or saw another physician in the group that received an X-ray. The authors state: "From our data and a review of the literature, we conclude that back X-ray examinations have negligible diagnostic value in otherwise healthy patients under 50 years of age with nontraumatic backache ... We recognize that any clinical strategy which reduces the use of the back X-ray examination may require concomitant patient education to maintain patient satisfaction."

Again, the authors may be right, but again their data are not fully persuasive. First, the cost of the "concomitant patient education" needs to be considered, as well as the cost of any residual dissatisfaction or additional visits. But there is a more important issue. It may be the case that a spine X-ray could rule out or confirm certain quite infrequent problems for which intervention could make a difference if the problem were caught early. If the problem were sufficiently infrequent, it needn't show up in the sample of patients the authors examined. Physicians have suggested

¹⁾ A similar point can be made about the other two diagnoses studied; for them the frequency of pneumoencephalograms declined after CT, and I doubt that an informed consumer would be indifferent between CT and a pneumoencephalogram either. In these cases, however, CT also lowered cost.

that cancers, especially multiple myeloma, and bacterial osteomyelitis could be missed if an X-ray were taken, as could an abscess. They have also raised the issue of whether one can sufficiently trust the history to rule out trauma with certainty. The point here is simple: If I have a 1 in 1000 chance of having a life-threatening problem, I might be willing to pay \$ 32 to find out. (This would be in the range of values suggested by Weinstein and Stason [1976] for the value of a statistical life.) Note that there is also reassurance value in a (true) negative finding. From decisiontheoretic principles, we know that X-ray is less likely to be preferred the lower is the probability that the X-ray could detect an important problem. Hence, the authors' conclusion that X-ray is of negligible diagnostic value in patients under 50 without trauma may be correct, and that group may be the optimal subset not to X-ray. But no analysis is presented to distinguish this particular group.

There is also an important point connected with the measurement of cost that both papers raise. One really wants to know what opportunities society forewent to use resources in a given way, the opportunity cost. There are two important implications for these problems: (1) Charges for ancillary services carry a notoriously high markup. As a result, use of charges will overstate the opportunity costs. (2) The appropriate cost figure is marginal cost; that is, what did the additional X-rays or additional CT cost? That is what society foregoes to deliver the service. But the charge may relate to average cost rather than marginal cost. For example, if the CT scanner were in place and being used for suspected brain tumor and suspected hydrocephalus, but were not fully utilized, the marginal cost of running an extra scan would be much less than the average cost. The charge would then further overstate the opportunity cost. For both these reasons, the studies appear to have overstated the relevant cost of the diagnostic services they consider.

In sum, it is important to be broad in one's definition of benefits; anything that is of potential value to the informed consumer is fair game. If possible, one should set up a mechanism to obtain measures of benefit from consumers themselves, and should allow for the possibility that different patients would prefer to be treated differently. If benefits include ascertaining the likelihood of low probability events, sufficiently large samples need to be used to make this possible. Measures of cost should reflect the marginal cost of the good or service, and should also reflect the true resource cost, rather than "charges." [Gottinger, 1979].

The third study differs markedly from the other two in that it focuses upon the costs imposed on certain individuals by rheumatoid arthritis. It notes quite correctly that costs include not only medical costs, but also reduced opportunities in the use of one's time. The authors should, but do not, distinguish between a loss in earning caused by a reduction in hours and a loss caused by a reduction in the wage rate. To the degree that the loss in earning comes as a reduction in hours, one gains time that one may use in other ways, and loss of earnings overstates the true loss. To the degree that the loss is in the wage rate, there is no compensation. One suspects that much of the earnings loss the authors show was in the wage rate, so that the authors' estimated costs may not be far off the mark.

Assuming this to be the case, the authors demonstrate that those with rheumatoid arthritis bear large costs, and raise the issue of whether nonmedical costs should be insured in addition to medical costs. The answer to this issue must consider a host of questions that are beyond the scope of this comment. These questions include: (1) To what degree are public and private disability insurance programs performing badly?

(2) If public disability insurance is to be expanded, should it be financed by premiums (as group health insurance is), by payroll taxes, by general revenues, or by taxes related to the product generating the disability (for example, a tax on coal to finance a black-lung benefit)?

- (3) How should disability benefits relate to previous earnings in such a program?
- (4) What is the definition of a disability? Is it defined solely by a medical diagnosis such as rheumatoid arthritis? Must functional limitation be shown? If so, who decides what limitation is sufficient and by what criteria?
- (5) How do we apply public disability insurance to house-wives? Do we pick an arbitrary value for the housewife's services? Or, do we let the household buy different values of insurance, just as it now can buy differing amounts of life insurance for the housewife?
- (6) How do we apply public disability insurance to members of the household other than those employed and housewives? If an elderly parent becomes disabled and comes to live with the child, this may mean one member of the household must stop working. Can that be an insurable risk? I do not propose to answer these question, but only to suggest some of the complexities in this ares.

From this vantage point, cost-benefit analysis and decision theory have many useful applications in medicine. Indeed, physicians should know rudimentary decision theory because of its relevance to decision-making in patient care, although they cannot be expected to acquire the detailed knowledge of these tools that an economist possesses. I detect increasing collaboration between economists and physicians in applying these tools to medicine. Such collaborations might prove useful for future progress.

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